



INVESTORS IN PEOPLE®
We invest in wellbeing Gold



Pentreath Ltd
St. Enoder Barns
Glebe Farm
Narrow Lane
Summercourt
Newquay
TR8 5EE
Tel: 01726 862727

Applications are invited for

Mental Health Wellbeing Coach

Help 2 Wellbeing Project

1 x post 37 hours / 5 weekdays, covering North and East Cornwall

Based at Summercourt for mileage purposes

Fixed Term Contract until 31st March 2025

Starting salary £24,845.65 per annum

The model is to support Community Mental Health Teams to support their clients who are on their allocation waiting lists, to prevent further crisis and further deterioration in mental health. You will assist clients with daily health, social care and wellbeing needs, reduce crisis, help build resilience, improve client wellbeing and connect them to community resources.

Are you:

- An enthusiastic and motivated individual, interested in joining our team to deliver recovery and wellbeing opportunities for clients with mental ill health, and other support needs, to achieve their hopes and ambitions
- Committed to improving the mental health and wellbeing of clients

Could you:

- Work collaboratively with the client, family and other professionals (where agreed) during any period of acute mental health crisis
- Undertake defined interventions to enable the client to meet their daily living skills, and physical, mental health and wellbeing needs
- Work within a recovery informed approach, taking a holistic view to support people's recovery
- Co-produce/update and implement recovery plans, relapse prevention plans and use other self-management tools with clients
- Refer and liaise effectively with all professionals
- Work as part of a team

A full driving licence with access to and use of a vehicle for work purposes is essential for this role

To request an application pack, please email jobs@pentreath.co.uk or call 01726 862727

You are welcome to contact Project Manager Matt Bennett if you have any questions about the role 07738 547 086

Closing date to send in completed application forms: 12 noon Monday 25TH March 2024

Interviews to be held on Friday 5th April 2024

Pentreath's values are at the core of everything we do. Come and join us! We are:

Approachable - Inspiring - People Centred - Knowledgeable - Diverse
Trustworthy - Encouraging - Adaptable - Creative

This role is eligible under the exceptions to the Rehabilitation of Offenders Act and will therefore require the successful applicant to complete an Enhanced Disclosure and Barring Service check (DBS).

Pentreath Ltd is committed to achieving a working environment which provides equality of opportunity and freedom from unlawful discrimination on the grounds of race, sex, pregnancy and maternity, marital or civil partnership status, gender reassignment, disability, religion or beliefs, age or sexual orientation.

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