



**INVESTORS IN PEOPLE**  
We invest in wellbeing Gold



Pentreath Ltd  
St. Enoder Barns  
Glebe Farm  
Narrow Lane  
Summercourt  
Newquay  
TR8 5EE  
Tel: 01726 862727

Applications are invited for

## **Health and Wellbeing Coach**

**1 x post 37.5 hours per week**

**Daily travel required across South Kerrier Primary Care Network**

**Based in Helston for mileage purposes**

**Starting salary £25,989.33 per annum**

**Fixed Term Contract until 31<sup>st</sup> March 2026 with potential to continue**

Work as part of a health and wellbeing team alongside GPs, Care Coordinators, other clinicians and Social Prescribing Link Workers, to provide an all-encompassing approach to personalised care. The Health and Wellbeing Coach will provide 1:1 personalised support to patients in the community who are referred to them by team members and local agencies.

The successful candidate will:

- Provide health and wellbeing coaching for the most vulnerable people in the community
- Have good communication, negotiation and people management skills and act with compassion and integrity
- Use coaching approaches, frameworks and models or other helping strategies, for example, motivational interviewing
- Have good understanding of mental ill health and emotional distress
- Work with a diverse range of people from different cultural and social backgrounds
- Work confidently and effectively in a varied and sometimes challenging environment
- Signpost and refer patients and support them to access suitable community provision and liaise with relevant agencies
- Accurately log, maintain and update patient records
- Have a full driving licence, access to and use of a vehicle

If you are interested in this post, have excellent interpersonal and organisational skills and are a good team player, please email [jobs@pentreath.co.uk](mailto:jobs@pentreath.co.uk) for an application pack or call 01726 862727

You are welcome to contact Project Manager Helen Rundle  
if you have any questions 07394 563 345

**Closing date to send in completed application forms: 12.00 noon Monday 11<sup>th</sup> March 2024**

**Interviews to be held on Friday 22<sup>nd</sup> March 2024**

Pentreath's values are at the core of everything we do. Come and join us! We are:

**Approachable - Inspiring - People Centred - Knowledgeable - Diverse  
Trustworthy - Encouraging - Adaptable - Creative**

*This role is eligible under the exceptions to the Rehabilitation of Offenders Act and will therefore require the successful applicant to complete an Enhanced Disclosure and Barring Service check (DBS).*

*Pentreath Ltd is committed to achieving a working environment which provides equality of opportunity and freedom from unlawful discrimination on the grounds of race, sex, pregnancy and maternity, marital or civil partnership status, gender reassignment, disability, religion or beliefs, age or sexual orientation.*

*Registered Charity 1004477*